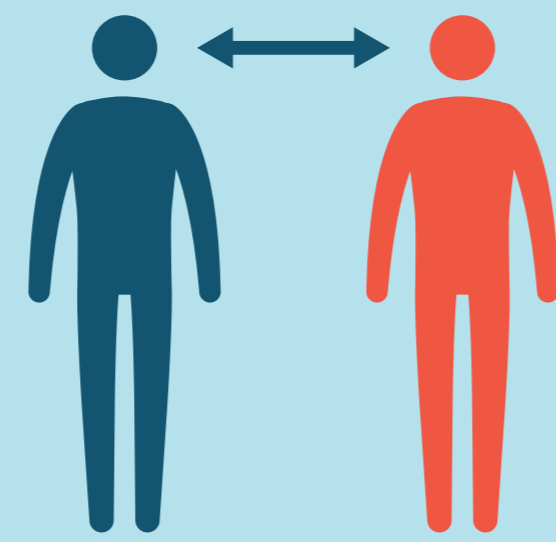


ITGA

International Tobacco Growers' Association

#Together  
#We Care

COVID-19 Tobacco Growers' Hub



### Maintain Social Distancing

Maintain at least 1-meter (3 feet) distance between yourself and anyone who is coughing or sneezing.



### Practice respiratory hygiene

Cough or sneeze into elbow sleeve  
Dispose of tissues in garbage cans



### Avoid touching eyes, nose and mouth with unwashed hands



### Clean and disinfect frequently touched objects and surfaces



### Handwashing

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.



### If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.

Source: World Health Organization (WHO), Connecticut's Official State website / (<https://portal.ct.gov/coronavirus>), Food and Drug Administration (FDA), Food and Agricultural Organization (FAO), British Columbia State Government.